

## What is the CACFP?

### (Child and Adult Care Food Program)

CACFP is a Federal program that provides funding for healthy meals and snacks for children and adults receiving day care.

### Who is eligible for CACFP meals?

- ◆ children 12 years and under,
- ◆ migrant children age 15 and younger,
- ◆ functionally impaired adults or adults age 60 and older enrolled in an adult day care center, and
- ◆ youths through age 18 in afterschool programs in needy areas.

### What are the meal served?

- ◆ **Breakfast** consist of a serving of milk, fruit, and grains or bread
- ◆ **Lunch and dinner** require milk, grains or bread, meat or meat alternate, and two different servings of fruits and/or vegetables.
- ◆ **Snacks** include two different servings of the four components: milk, fruits or vegetables, grains or bread, or meat or meat alternate.

## Child Development and Family Council of Centre County, Inc.

### CACFP SPONSOR

**Betty Bonfiglio**

**Nutrition Coordinator**



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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

"All meals served to children under the Child and Adult Care Food Program are served at no separate charge regardless of race, color, national origin, sex, age, or disability. There is no discrimination in admission policy, meal service, or the use of facilities." Any complaints of discrimination, should be submitted in writing within 180 days of the incident to the USDA, Director, Office of Civil Rights, Room 325-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410.

## Child Development and Family Council of Centre County, Inc.

**Proud Sponsors Of**

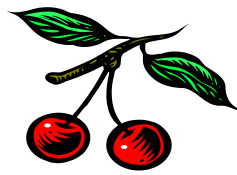
**Child and Adult Care Food Program**

# CACFP

**Building For The Future with Helping Hands**



# C A C F P Child and Adult Care Food Program



What are the requirements to participate in the CACFP?

- ◆ You must be a Licensed Family or Group Child Care Provider or an approved Relative /Neighbor Provider that is participating with CCIS.
- ◆ Sign an agreement Child Development & Family Council. *(If you are a Child Care Provider already participating in the Child and Adult Care Food Program with another organization, Please discard this brochure.)*
- ◆ Keep daily attendance and meal records at point of service.
- ◆ Serve meals that meet the CACFP meal pattern requirements.
- ◆ Submit your completed records to your Sponsor.
- ◆ Attend annual mandatory training
- ◆ There is no cost to enroll.



How does **CACFP** help the Children, Home Day Care and Relative/Neighbor providers?

**Children and infants** receive nutritious meals that meet USDA guidelines and CACFP meal pattern requirements.

**Home Day Care Providers** receive a monthly reimbursement check for meals that they serve to enrolled children in their care and meet the meal Requirement.

**Parents and Children** are learning good eating habits , increasing their physical activity and nutritional well being.

**Rates** are established by the federal Government.

Reimbursement rates for July 1, 2013- June 30, 2014:

### Tier 1

- \* Breakfast \$1.28
- \* Lunch \$2.40
- \* Snack \$0.71

### Tier 2

- \* Breakfast \$0.47
- \* Lunch \$1.45
- \* Snack \$0.19



**If all the jobs in all the world were added up and measured, the job of caring for little ones would be the most treasured.**

